

NEWSLETTER

Coming to You from the Left Side of the House and the Senate

WE STAND WITH UKRAINE



LABOR DAY PICNIC '22

The **D**emocratic Club of **W**orcester **C**ounty is holding their annual Labor Day Picnic on Monday, September 5, 2022 from 12 noon to 3 pm at White Horse Park, 235 Ocean Parkway, Ocean Pines, MD. *Join us for a fun afternoon of good music and special speakers.*

Bring your own favorite picnic lunch! DCWC will provide Cold Beer, Wine, Soda and Bottled Water. **Price per person is \$15.00.** Reservations can be made by return email and / or Tickets can be purchased from DCWC Board member Frank Fox. Send checks payable to DCWC to: Frank Fox, 2553 Buccaneer Blvd., Greenbackville, VA 23356. RSVP fox65917@gmail.com. *Hope to see you there!*

DCWC Officers

2022-2023

Executive Board

Vicky Wallace, *President*

Tim Tarr, *Vice-President*

Larry Batis, *Secretary*

Tom Butler, *Treasurer*

Members-at-Large

Francis Fox

Tom Weiland

Harriet Batis

Gwen Lehman

Editor DCWC Newsletter

**VOTE
BLUE in '22**





A Message from Your President

Vicky Wallace, DCWC President

Dear Fellow Democrats

Never did I imagine that the greatest threat to our democracy would be the Republican Party. On January 6, 2020, encouraged by Trump and motivated by the “Big Lie,” Republicans attempted a coup. They wanted to deny Biden the presidency, which would have ended over two centuries of peaceful transition of power. Did the majority of Republicans respond with outrage? No, most either continue to pretend it did not happen, attempt to protect insurrectionists from consequences, and/or participated in the riot. States controlled by Republicans continue to pass voter suppression laws. Once we could look toward the Supreme Court to protect our way of governing. We now are painfully aware that the six Republicans sitting on the bench have no qualms about doing the political bidding of their party. Not since the Civil War has our democracy been this tested.

So my message to you is, although at times what we do may seem insignificant, it is not. The Democratic Party, at all levels, struggles to prevent the GOP from replacing our government with an authoritarian one. Which side will prevail is not clear. What is clear is that we must continue to carry the message that democracy, although imperfect, is still the best form of government on planet earth. I am proud to be part of a group that does just that on a daily basis. So, on behalf of all Americans that still value self-rule, I thank you and I applaud you for all that you do to fight for our democracy.

Your Membership Dues are helping to support local Democratic candidates Josh Nordstrom, Michele Gregory, and Todd Nock and non-partisan BOE candidates Bill Buchanan, Nate Passwaters, and Bill Gordy. Thanks for helping us help Democrats and BOE candidates to win in 2022!





The Labor Day Picnic is an annual Democratic Party of Worcester County featured event.

The Democratic Club of Worcester County is holding its Annual Labor Day Picnic Sept. 5, 2022, 12 Noon to 3 PM, at White Horse Park, 235 Ocean Parkway, Ocean Pines, MD 21811.

Bring your own favorite picnic food and the Democratic Club will provide Cold Beer and water. **Price per person is \$15.00.**

Reservations can be made by return email and / or tickets can be purchased from DCWC Board member Frank Fox. **Send checks payable to DCWC** to:

Frank Fox, 2553 Buccaneer Blvd., Greenbackville, VA 23356.
RSVP Fox65917@gmail.com.



BLUE PLEDGE 2022

DEMOCRATIC CENTRAL COMMITTEE

WORCESTER COUNTY

Blue Pledge is a Democratic Central Committee fundraising event. Over the past 8 years, the DCCWC has been successful in raising funds through this annual Blue Pledge campaign. Your pledge of \$100 will help support local Democratic candidates, pay for campaign office space, materials, supplies, and signage. The Worcester County Democratic Party needs a sustainable, and predictable, source of income with which to support Democratic candidates locally and at the state level and national level. If you have pledged before, we thank you and hope you will renew your pledge ASAP. If this is your first Blue Pledge, we urge you to pledge NOW! The need is great, the issues many. Please support Worcester County Democrats as we fight to move our county, our state, and our nation forward into a future of equal rights and justice for all Americans.

DCCWC, P.O. Box 34, BERLIN, MARYLAND 21811

Name of Contributor _____

Address: _____

Telephone #: _____

Occupation: _____ . Employer _____

(The above information is required by law.)

___ Gold Pledge of \$100 (1 time payment enclosed.)

___ Gold Pledge of \$100 (4 quarterly payments of \$25 each)

___ Platinum Pledge of \$200 (1 time payment enclosed)

___ Platinum Pledge of \$200 (4 quarterly payments of \$50 each)

___ Diamond Pledge of \$ _____

Call Vicky Wallace, Treasurer at 410-208-2969 to discuss payments.

Mail your check made out to DCCWC to P.O. Box 34, Berlin, MD 21811.

Contributions to the DCCWC are not tax deductible. Thank you for your pledge.

STAND UP FOR DEMOCRACY AND HUMAN RIGHTS!

As part of an Eastern Shore Bay to the Beach action, Indivisible Worcester, the Democratic Women's Club, and the Suffrage Centennial Celebration Committee invite you to join our Blue Honk and Wave on the Friday afternoon before Labor Day weekend. Various groups will be holding demonstrations along routes 50 and 404. Bring your family, friends, and neighbors!

Date: Friday, September 2, 2022

Time: 4-6 p.m.

Place: West Ocean City Park 'n Ride



**Join Our
Voices
Pine Tones Chorus**

New Singers Invited

Come join the fun:
Any Thursday in Sept. 2022
Starting Sept. 8
At 1:00 PM
Ocean Pines Community Center
For details: 1-610-213-7472
Dave Holloway
Or June Todd 443-880-3922



“Dream with **ambition**,
lead with **conviction**, and
see yourself in a way that
others might not see you,
simply because **they’ve**
never seen it before.”

-Vice President
Kamala Harris



@emilys_list

“Our society will always remain an unstable and explosive compound as long as political power is vested in the masses and economic power in the classes. In the end one of these powers will rule. Either the plutocracy will buy up the democracy, or the democracy will vote away the plutocracy.”

~ Irving Fisher



Organizing Fellow Job Description

Heather Mizeur for Congress is looking to hire paid organizing fellows. The campaign is seeking hard-working, self-motivated individuals to join its team based in [Maryland's First Congressional District](#).

Responsibilities

- Door-to-door canvass and make calls to turnout and persuade voters to support Heather
- Recruit, train, and manage volunteers to take action with our campaign such as door-to-door canvassing, phone banking, and text banking
- Use social media to identify Mizeur supporters and to recruit volunteers
- Help with campaign events as needed

Qualifications

- Demonstrated interest in politics and Democratic campaigns
- Highly organized and detail-oriented
- Excellent verbal communication skills
- Access to reliable transportation, and a valid driver's license
- Ability to work non-traditional hours as needed
- No campaign experience necessary, but familiarity with campaigns (including unpaid volunteer experience) is a plus!

Additional Information: Fellows will be paid either \$1,250 or \$2,500 per month and will be expected to work 15 hours or 30 hours per week respectively. We are building a diverse campaign team and encourage women, people of color, LGBTQ+ individuals, and persons with disabilities to apply.

Applicants should live in or near the district.

To apply, please send a resume to spencer@heathermizeur.com. Please list "Organizing Fellow Application" in the subject line.

Spencer Dixon
Deputy Campaign Manager
Heather Mizeur for Congress
(c): (410) 570-7587

VOTE BLUE IN '22

YOU CAN'T VOTE FOR
THE BEST CANDIDATE IF
SHE'S NOT ON THE BALLOT.

--DELEGATE BROOKE LIERMAN,
CLASS OF 2013

**KNOW SOMEONE INTERESTED IN RUNNING FOR OFFICE IN 2024?
NOW IS THE TIME TO GET READY.**

The Democratic Women's Club of Worcester County (DWC) offers a **scholarship and other resources** for people interested in running for office, many of the resources are free. Go to www.dwcmd.org.

If you know of anyone who might consider running, **please share this information** with them.

If you are a Democratic woman who wants to run for an office that serves Worcester County, consider taking the Emerge program this winter 22/23. <https://md.emergeamerica.org>.

Deadline for applications is October 3, 2022.

Women's Equality Day August 26th Celebrates Women Winning the Vote

In 1973, the U.S. Congress designated August 26 as “Women’s Equality Day.” The date was selected to commemorate the 1920 certification of the 19th Amendment to the Constitution, granting women the right to vote. This was the culmination of a massive, peaceful civil rights movement by women that had its formal beginnings in 1848 at the world’s first women’s rights convention, in Seneca Falls, New York. The observance of **Women’s Equality Day** not only commemorates the passage of the 19th Amendment, but also calls attention to women’s continuing efforts toward full equality. Workplaces, libraries, organizations, and public facilities now participate with Women’s Equality Day programs, displays, video showings, or other activities.

Celebrate Women’s Equality Day August 26th.



HEATHER COX RICHARDSON**August 22, 2022. Shared on Facebook**

August 22, 2022 (Monday)

Today's big news is an eye-popping \$1.6 billion donation to a right-wing nonprofit organized in May 2020. This is the largest known single donation made to a political influence organization.

The money came from Barre Seid, a 90-year-old electronics company executive, and the new organization, Marble Freedom Trust, is controlled by Leonard A. Leo, the co-chair of the Federalist Society, who has been behind the right-wing takeover of the Supreme Court. Leo has also been prominent in challenges to abortion rights, voting rights, climate change action, and so on. He announced in early 2020 that he was stepping back from the Federalist Society to remake politics at every level, but information about the massive grant and the new organization was broken today by Kenneth P. Vogel and Shane Goldmacher of the *New York Times*.

Marble is organized as a nonprofit, so when Seid gave it 100% of the stock in Tripp Lite, a privately held company that makes surge protectors and other electronic equipment, it could sell the stock without paying taxes. The arrangement also likely enabled Seid to avoid paying as much as \$400 million in capital gains taxes on the stock. Law professor Ray Madoff of Boston College Law School, who specializes in philanthropic policy, told the *New York Times*: "These actions by the super wealthy are actually costing the American taxpayers to support the political spending of the wealthiest Americans."

This massive donation is an example of so-called "dark money": funds donated for political advocacy to nonprofits that do not have to disclose their donors. In the 2010 *Citizens United v. Federal Election Commission (FEC)* decision, the Supreme Court said that limiting the ability of corporations and other entities to advertise their political preferences violates their First Amendment right to free speech. This was a new interpretation: until the 1970s, the Supreme Court did not agree that companies had free speech protections.

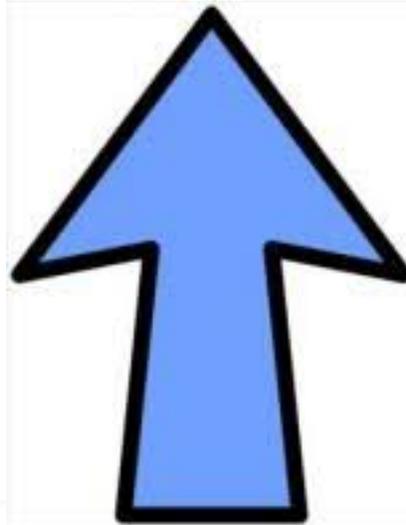
Now, nonprofit organizations can receive unlimited donations from people, corporations, or other entities for political speech. They cannot collaborate directly with candidates or campaigns, but they can promote a (Continued on page 10.)

HEATHER COX RICHARDSON

August 22, 2022. Shared on Facebook

candidate's policies and attack opponents, all without identifying their donors.

"I've never seen a group of this magnitude before," Robert Maguire of Citizens for Responsibility and Ethics in Washington (CREW) told Casey Tolan, Curt Devine, and Drew Griffin of CNN. "This is the kind of money that can help these political operatives and their allies start to move the needle on issues like reshaping the federal judiciary, making it more difficult to vote, a state-by-state campaign to remake election laws and lay the groundwork for undermining future elections." Our campaign finance system, he said, gives "wealthy donors, whether they be corporations or individuals, access and influence over the system far greater than any regular American can ever imagine."



WE HAVE MAJOR WORK TO DO!
With this kind of money corrupting our democracy, we have the fight of our lives ahead of us. Gear up and dig deep!

DEMOCRATIC CLUB OF WORCESTER COUNTY

The Democratic Club of Worcester County is organized to unite Democrats across the county. DCWC's regular meeting time is the 4th Thursday of every month in the Assateague Room of the Ocean Pines Community Center. Meetings have been held via Zoom and may continue to be in the near future. You can join us on Zoom.

With the drive to seat more Democrats in our local and state governments and to increase the number of Democrats in the House and Senate, we must work together. Democracy itself is on the line. If you are a member, we ask that you renew your membership now for 2022. Send in your membership application renewal by completing the form below and mailing it, along with your check made out to DCWC. Send to DCWC, P.O. Box 1664, Berlin, Maryland 21811.

Dues are fifteen dollars (\$15) for a single membership and twenty-five dollars (\$25) for a family membership.

PLEASE JOIN AND MAKE A DIFFERENCE ON THE EASTERN SHORE!

2022 MEMBERSHIP FORM

Your Name _____

Your Primary Address _____

Phone #: _____ (H) Phone # _____ (Cell)

Email: _____

DUES: \$15 Single \$25 Family Make checks payable to DCWC.

Print this form and send with your check to: DCWC, P.O. 1664, Berlin, MD 21811

MORE THAN SNIPPETS

NEWS YOU NEED TO SEE GATHERED FROM A FACEBOOK FEED

Using Fox News to support your arguments is like saying you're a Marine Biologist because you watch Sponge Bob Squarepants




Kate 
@affleckquine

Finland has fed every child from 6 to 16 free since 1948.

Finland leads the world in nutritional expertise.

Finland has arguably the best education system in the world.

Why?
Finland isn't governed by Conservatives.

BREAKING NEWS



Under President Biden, the U.S. is experiencing the LOWEST rates of poverty, uninsured and peacetime unemployment in recorded American history. 🇺🇸

CALL TO ACTIVISM ←

It's Hard to Know Where to Begin

by Gwen Lehman

I taught psychology for 46 years at Stephen Decatur High School. One of my favorite units to teach was on the biology of the brain and the nervous system. Included in the unit material was an explanation of the body's normal *fight-or-flight* response, a response triggered to help us protect ourselves from danger. A component of the autonomic nervous system (ANS), the *fight-or-flight* response is triggered by the sympathetic nervous system (SNS), which pretty much acts on its own. That is, after all, what autonomic means and the sympathy name reflects the system's ability to detect that your a** is in deep dee-doo. And so, this sympathetic nervous system's job is to hype us up, get us going, ready us for action, mobilizing all our energies in the face of challenges, danger, STRESS. There is an opposing system called the parasympathetic nervous system (PNS) dedicated to calming us down once danger has passed, challenges have been met, or overwhelming stress has finally been relieved. Nature does provide.

I tell you all this in case, like me, your SNS has been in overdrive and your PNS seems to have taken a hike somewhere. Since November of 2016, my level of stress hormones has been extraordinarily high. I experienced a brief moment of relief, actually several days, maybe even a month, when Biden clinched his victory. But then, the weasel-in-chief would not go away. He would not shut up. He stirred up the MAGA-hats. He pumped up the Proud Boys. He whined and moaned and complained and lied and lied and lied . . . and well, I haven't seen my PNS is so long that I am certain it is feeling lonely and bereft.

I joke about it, but it is not a joke. Prolonged stress of the kind we are experiencing as a nation all because one man's enormous ego will not permit him to concede that he lost the election in 2020 is a factor impacting our physical health, our mental health, and our sense of well-being. You can not remain in a state of high SNS arousal for prolonged periods of time without suffering the ill effects of too many stress hormones flooding your system. It wears people out.

I can remember the feeling of calm I felt after the inauguration and I realized that, finally, there would be adults in the room. Women and men who knew what they were doing, who could make good decisions more often than not, that the President would not betray his oath or the country. The feeling lasted, for awhile, and then . . . My SNS is once more in overdrive.

Mini-Calendar

There will be no General Membership meeting in August. General Membership meetings will resume in September.

Monday, September 5
LABOR DAY PICNIC
White Horse Park
Noon to 3 p.m.

Thursday, September 22
 DCWC General Meetings resume

